

Breakfast SPECIALS



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|--|--|---|---|---|
| B1 Egg & bacon or cheese, served with coffee or juice | B2 Two eggs, bacon & cheese, served with coffee or juice | B3 Hungry Man or Healthy Man on a roll or plate, served with coffee or juice | B4 Two eggs, bacon, and home fries on a roll or plate, served with coffee or juice | B5 Two eggs & bacon or cheese, served with coffee or juice |
| B6 Breakfast Burrito eggs, bacon, home fries, cheese served with coffee or juice | B7 French toast or pancakes with bacon, served with coffee or juice | B8 Three eggs, roast beef, & cheese on a hero, served with coffee or juice | B9 Fresh-baked muffin with butter, served with coffee or juice | B10 Three egg whites, turkey, & Alpine Lace Swiss in a wrap, served with coffee or juice |

Omelets and Eggs

(SERVED WITH TOAST)

Cheese Omelet Western Omelet Bacon Omelet Vegetarian Omelet Vegetarian Cheese Omelet Greek Feta Omelet

ONE | TWO | THREE | FOUR
SERVED ON A ROLL OR ON A PLATE WITH TOAST

Side of Bacon, Ham, Turkey, or Sausage

Breakfast SIDES

Home Fries
Fresh Fruit Salad
Low-Fat Muffins
Dannon Yogurt

Plain Roll
Roll with Butter
Plain Bagel
Bagel with Butter

Bagel with Cream Cheese
Buttered Hero
Toast with Butter
Fresh Orange

French Toast and Pancakes

SERVED WITH
BUTTER AND SYRUP

**French Toast
Pancakes**

Salads

HOMEMADE DRESSINGS

LOW-FAT YOGURT DILL
CILANTRO LIME
CAESAR

ADD-ONS

CRISP BACON | ROASTED PEPPERS
PORTABELLO MUSHROOMS
CRUMBLLED FETA | GRATED PARMESAN
SHREDDED CHEDDAR | SHREDDED MOZZARELLA

EXTRA DRESSING

HOMEMADE CROUTONS

CLASSIC SALADS

Greek Salad

Caesar Salad

Fresh-Tossed Garden Salad

Chicken Caesar Salad

SALAD PLATTERS

Fresh-Tossed Garden Salad
with Dried Cranberries and Chopped Walnuts

Greek Salad
with Grilled Chicken

Caesar Salad
with Feta and Bacon

Sandwiches and Wraps



Michelangelo

Grilled chicken, fresh mozzarella, roasted red peppers, lettuce, and tomato in a wrap

Messapequa

Roast beef, Boar's Head ham, turkey, American cheese, lettuce, tomato, and low-fat yogurt dill dressing on a roll

Hampton Cordon Bleu

Grilled chicken with melted Swiss, Boar's Head ham, lettuce, and tomato on a roll

East Hills

Honey maple turkey with brie cheese, lettuce, tomato, and honey mustard on a roll

Bayside Burrito

Grilled chicken with beans and rice in a fresh tortilla

Great Neck

Sliced turkey, crisp bacon, provolone, lettuce, and tomato on a bakery fresh roll

Huntington

Lean roast beef on a garlic bread hero with melted mozzarella

Montauk Melt

Homemade white meat tuna salad, melted low-fat cheddar, lettuce, and tomato in a wrap

Astoria Wrap

Grilled chicken, Greek salad, feta cheese, and low-fat yogurt dill dressing in a wrap

Beverages



Fresh-Brewed Coffee

Flavored Coffee

Fresh-Brewed Decaf Coffee

Hot Decaf Tea

Hot Tea

Hot Herbal Tea

Hot Chocolate

Juices

Sodas

Energy Drinks





Soups

Asian Chicken Soup

Prepared with fresh Asian veggies and Rice Noodles!
GLUTEN FREE!

Hot Entrées



Beef and Meat Selections

**Meatballs
with
Spaghetti**

**Veal
Parmigiana**

**Jack Daniels
Skirt
Steak**

**Yankee
Pot
Roast**

**BBQ
(Slow Cooked)
Spare Ribs**

**Shish
Kabobs**

Chicken Dishes

Chicken Francese
Tender chicken medallions with
a white wine butter sauce

**Chicken
Francese**

**Chicken
Marsala**

**Chicken
Parmigiana**

**Teriyaki
Chicken**

**BBQ
Chicken**

Pasta Selections



**Baked Ziti
(Four Cheese)**

**Fettuccine
Alfredo**

**Penne
Primavera**

**Eggplant
Parmigiana**



Sides and Extras

**Homemade
Tortellini
AL Fresco**

**Homemade
Pasta
Salad**

Sides
**Cool Sliced
Cucumber
Salad**

**Gourmet
Homemade
Cole Slaw**

**Honey-Dijon
Potato
Salad**



Potato and Rice Sides

**Dirty
Rice**

**Spanish
Rice**

**Veggie
Rice Pilaf**

**Steak
Fries**

**Sweet
Potato Fries**

Party Packages

Breakfast

Classy Continental

A classic variety of homemade muffins, bagels, and danish served with butter, jelly, and cream cheese, accompanied by assorted chilled juices

Continental Upgrade

Add a fresh-carved fruit medley and coffee and tea service to the "Classy Continental"

The Country Inn

A delicious assortment of farm-fresh eggs, crisp bacon, sausage, home fries, and French toast rounds out the "Continental Upgrade"

Low-Carb Breakfast

Select either a Greek-style egg white omelet or a crisp bacon and cheese omelet, accompanied by a fresh-carved fruit medley, chilled juices, and coffee/tea service

On-Site Omelet Station

Our famous mobile omelet station is set up at your location and served with all of the trimmings! A real crowd pleaser! Minimum 25 people

Party Heroes

Uncle Sam

The All-American favorite chock full of homemade roast beef, Boar's Head ham, turkey, American cheese, lettuce, and tomato

The Deniro

A little taste of Italy with Genoa salami, Italian-style ham, pepperoni, and roasted peppers lightly touched with balsamic vinaigrette dressing

The Bensonhurst

Grilled chicken, fresh mozzarella, fire-roasted red peppers, marinated portobellos, lettuce, and tomato

Keri Ann's

Sumptuous Veggie

An exquisite combination of sautéed and grilled veggies "touched" with homemade pesto

Dessert

Assorted Cookie Platter

Homemade chocolate chip, oatmeal, and baked gourmet butter cookies

For catering orders and inquiries
please visit LighthouseCatering.com

